



## THE RELATIONSHIP BETWEEN HEALTH & WEALTH OVER THE LIFE COURSE



### IN UTERO - TODDLER 0-3 YEARS

#### HEALTH-WEALTH CONNECTIONS

- ◆ Prenatal care and mother's health impact child's health and future medical costs
- ◆ Parent's socio-economic status influences health of child
- ◆ Child's health influences future school performance

#### INVESTMENT OPPORTUNITIES

#### PARTNERS IN ACTION



### CHILDHOOD - ADOLESCENCE 3-17 YEARS

#### HEALTH-WEALTH CONNECTIONS

- ◆ A healthy child has more opportunity to stay in school and benefit from education
- ◆ A child with financial savings is more likely to attend and graduate from college

#### INVESTMENT OPPORTUNITIES

#### PARTNERS IN ACTION



### YOUNG ADULTHOOD 18-30 YEARS

#### HEALTH-WEALTH CONNECTIONS

- ◆ College educated and employed young adults have higher incomes/net worth and better overall health
- ◆ Young adults who accumulate higher amounts of debt incurred from loans report higher levels of depressive symptoms

#### INVESTMENT OPPORTUNITIES

#### PARTNERS IN ACTION



### MIDDLE ADULTHOOD 30-50 YEARS

#### HEALTH-WEALTH CONNECTIONS

- ◆ Higher socio-economic status is associated with lower rates of chronic illness, which allows for longer participation in the labor force
- ◆ Higher wealth households can better weather economic shocks that either lead to poor health or are caused by poor health

#### INVESTMENT OPPORTUNITIES

#### PARTNERS IN ACTION



### OLDER ADULTHOOD 50-70+ YEARS

#### HEALTH-WEALTH CONNECTIONS

- ◆ Health problems often lead to permanent disability and early retirement, which can result in a loss of financial stability
- ◆ Health care is one the biggest expenses in retirement, and sufficient assets enable seniors to "age in place" versus in institutions

#### INVESTMENT OPPORTUNITIES

#### PARTNERS IN ACTION